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| 8:00-8:30 AM | Registration, Breakfast, Opening Remarks | **Dimitrios Stefanidis, MD, Ph.D.** |
| 8:30-9:10 AM | *A Patient Panel: Living with Obesity, Patient Perspectives, Challenges and Triumphs* | **Sarah Muntel, RD** |
| 9:10-9:50 AM | *Tailored Interventions for Obesity: Case Studies in Adult Care* | **Don Selzer, MD**  Ashely Gilmore, MD  Amar Chiruvella, MD  Kristen Welch, RD  William Hilgendorf, Ph.D. |
| 9:50-10:10 | Break and Vendors |  |
| 10:10- 10:50 | *Early interventions, Lasting Impact: Case Studies in Pediatric Obesity Treatment* | **Megan Coughlin, MD** Rose Carr, MD  Kathryn Adams, MD  Grace Murray, RD  Kati Duncan, Ph.D. |
| 10:50-11:30 | *Keynote:*  GLP1’s vs Surgery: The Evolving Landscape of Obesity Treatment. | **Dimitrios Stefanidis, MD, Ph.D** |
| 11:30-12:30 | Lunch |  |
| 12:30-1:10 | *Primary Care Strategies for Detecting and Managing Post op Complications* | **Tarik Yuce, MD** |
| 1:10-1:50 | *Addressing Challenges with AOMs from a surgical and medical perspective* | **Ashley Gilmore, MD  Amy Holmstrom, MD** |
| 1:50-2:10 | Break for Vendors |  |
| 2:10-2:50 | *Engaging Patients through Motivational Interviewing in the Healthcare Setting* | **Ann Mary Montero, Ph.D.** |
| 2:50-3:30 | *Essential Lifestyle modifications for Successful Bariatric Outcomes* | **William Hilgendorf, Ph.D.**  Ginny McGee, RD Missy Tuck  Kati Duncan, Ph.D. |
| 3:30 | Closing Remarks and Learning Assessments | **Dimitrios Stefanidis, MD, Ph.D.** |

**Innovative Approaches to Obesity: Prevention, Treatment and Future Directions**  
Friday: September 12, 2025  
Time: 8:00-3:30 PM